



Dear Parent or Guardian,

To ensure your child is ready for school, California Health and Safety Code Section 124085, requires that your child has a health exam within 90 days after entrance into the first grade. Health screenings that have been completed within the 18 months before your child enters first grade also meet this requirement. The health examination is given at an early age to detect problems that may interfere with learning. Early identification and treatment are important because an undetected health problem could hinder a child's progress in school.

**Take the attached Report of Health Examination for School Entry form to your child's healthcare provider, or have your healthcare provider complete the form to verify that a check-up was completed within 18 months of your child's entrance into first grade. If you cannot take your child for this required examination, please indicate the reason for this in the Waiver of Medical Examination Section of the form. Completed forms must be returned to your child's school by November 30th.**

If you need assistance finding a healthcare provider to complete this requirement, you may contact one the following resources listed below.

- Centro Medico El Cajon - (619) 401-0404
  - 133 W Main St, Suite 100, El Cajon, CA 92020
- Chase Avenue Family Health Center - (619) 515-2499
  - 1111 W. Chase Ave, El Cajon, CA 92020
- La Maestra Community Health Center - (619) 280-4213
  - 165 S. First., El Cajon, CA 92019
- Neighborhood Healthcare - (619) 440-2751
  - 855 East Madison Avenue, El Cajon, CA 92020

The Legislature recognizes the importance of health to learning. The health examination helps ensure that your child starts school healthy and ready to learn.

Please note, California law requires schools to maintain the privacy of student's health information. Your child's identity will not be associated with any report produced as a result of this requirement. If you have questions about the Health Examination for School Entry requirement, please contact the school Health Office.

Sincerely,  
Jennifer Shultz, MSN, RN ,SNSC