



## East Region Community Dental Clinics

| Clinic Name                                                                                                                                                                 | Address                                      | Phone Number   | Hours of Operation     | Accepts Medi-Cal Dental | Sliding Fee Scale | Kids & Adults Seen | Languages Spoken                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|----------------|------------------------|-------------------------|-------------------|--------------------|----------------------------------------------|
|  <b>Family Health Centers of San Diego</b><br><b>El Cajon Dental Clinic</b>                | 525 E Main Street<br>El Cajon, CA 92020      | (619) 906-4515 | Mon-Fri, 8:15am-5:00pm | ✓                       | ✓                 | ✓                  | English, Spanish, & Arabic                   |
|  <b>Family Health Centers of San Diego Grossmont</b><br><b>Spring Valley Dental Clinic</b> | 8788 Jamacha Road<br>Spring Valley, CA 91977 | (619) 515-2330 | Mon-Fri, 8:15am-5:00pm | ✓                       | ✓                 | ✓                  | English & Spanish                            |
|  <b>La Maestra Community Health Centers</b><br><b>El Cajon Broadway</b>                    | 1032 Broadway<br>El Cajon, CA 92109          | (619) 795-5983 | Mon-Fri, 8:30am-5:30pm | ✓                       | ✓                 | ✓                  | English, Spanish, & Arabic                   |
|  <b>La Maestra Community Health Centers</b><br><b>El Cajon First Street</b>               | 183 South First Street<br>El Cajon, CA 92019 | (619) 328-1335 | Mon-Fri, 8:30am-5:30pm | ✓                       | ✓                 | ✓                  | English, Spanish, Arabic & Chaldean          |
|  <b>La Maestra Community Health Centers</b><br><b>Lemon Grove (7139)</b>                 | 7139 Broadway<br>Lemon Grove, CA 91945       | (619) 255-9160 | Mon-Fri 1:00pm-5:00pm  | ✓                       | ✓                 | ✓                  | English & Spanish                            |
|  <b>La Maestra Community Health Centers</b><br><b>Lemon Grove (7967)</b>                 | 7967 Broadway<br>Lemon Grove, CA 91945       | (619) 741-3045 | Mon-Fri, 8:00am-5:00pm | ✓                       | ✓                 | ✓                  | English, Spanish, Tagalog, Chaldean & Arabic |

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|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|------------------------|-------------------------|-------------------------|-------------------|--------------------|-------------------|
|  <b>Mountain Health Family Medicine</b>              | 1388 Buckman Springs Road<br>Campo, CA 91906 | (619) 445-6200         | Wed-Fri, 7:30am-4:30pm  | ✓                       | ✓                 | ✓                  | English & Spanish |
|  <b>Neighborhood Healthcare Lakeside Dental</b>      | 10039 Vine Street<br>Lakeside, CA 92040      | (619) 390-9975         | Mon-Fri, 8:00am-5:00pm  | ✓                       | ✓                 | ✓                  | English & Spanish |
|  <b>Southern Indian Health Council Alpine Clinic</b> | 4058 Willows Road<br>Alpine, CA 91901        | (619) 445-1188<br>x440 | Mon-Fri, 8:00am-4:30pm  | ✓                       |                   | ✓                  | English & Spanish |
|  <b>Southern Indian Health Council Campo Clinic</b>  | 36350 Church Road<br>Campo, CA 91906         | (619) 445-1188<br>x740 | Mon-Fri, 8:00am-4:30pm  | ✓                       |                   | ✓                  | English & Spanish |
|  <b>Sycuan Medical Dental Center</b>                | 5422 Sycuan Road<br>El Cajon, CA 92019       | (619) 445-0707         | Mon- Fri, 8:00am-4:00pm | ✓                       | ✓                 | Ages 8 and up      | English & Spanish |



Visit [smilecalifornia.org](http://smilecalifornia.org) or call (800) 322-6384 to learn about Medi-Cal Dental benefits available to you and your family and to locate a dental provider.



Visit [211sandiego.org](http://211sandiego.org) or call 211 to connect to the best health-related resources and services that fit your need.



Visit [sdcds.org](http://sdcds.org) or call (619) 275-7188 to find a dental office or specialist accepting a variety of dental insurance plans.



## Clínica Dental de la Comunidad en la Región Este

| Nombre de Clínica                                                                                                                                                           | Dirección                                    | Numero de Teléfono | Horas de Servicios   | Acepta Medi-Cal Dental | Descuento para Bajos Ingresos | Niños y Adultos | Idiomas Disponibles                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|--------------------|----------------------|------------------------|-------------------------------|-----------------|--------------------------------------------------|
|  <b>Family Health Centers of San Diego</b><br><b>El Cajon Dental Clinic</b>                | 525 E Main Street<br>El Cajon, CA 92020      | (619) 906-4515     | Lu-Vi, 8:15am-5:00pm | ✓                      | ✓                             | ✓               | Inglés, Español, y Arabe                         |
|  <b>Family Health Centers of San Diego Grossmont</b><br><b>Spring Valley Dental Clinic</b> | 8788 Jamacha Road<br>Spring Valley, CA 91977 | (619) 515-2330     | Lu-Vi, 8:15am-5:00pm | ✓                      | ✓                             | ✓               | Inglés y Español                                 |
|  <b>La Maestra Community Health Centers</b><br><b>El Cajon Broadway</b>                    | 1032 Broadway<br>El Cajon, CA 92109          | (619) 795-5983     | Lu-Vi, 8:30am-5:30pm | ✓                      | ✓                             | ✓               | Inglés, Español, y Arabe                         |
|  <b>La Maestra Community Health Centers</b><br><b>El Cajon First Street</b>               | 165 South First Street<br>El Cajon, CA 92019 | (619) 328-1335     | Lu-Vi, 8:30am-5:30pm | ✓                      | ✓                             | ✓               | Inglés, Español, Tagalo, Somali, Arabe, y Caldeo |
|  <b>La Maestra Community Health Centers</b><br><b>Lemon Grove (7139)</b>                 | 7139 Broadway<br>Lemon Grove, CA 91945       | (619) 255-9160     | Lu-Vi, 1:00pm-5:00pm | ✓                      | ✓                             | ✓               | Inglés, Español, Arabe, y Caldeo                 |
|  <b>La Maestra Community Health Centers</b><br><b>Lemon Grove (7967)</b>                 | 7967 Broadway<br>Lemon Grove, CA 91945       | (619) 741-3045     | Lu-Vi, 8:30am-5:00pm | ✓                      | ✓                             | ✓               | Inglés y Español                                 |

| Nombre de Clínica                                                                                                                     | Dirección                                    | Numero de Teléfono     | Horas de Servicios   | Acepta Medi-Cal Dental | Descuento para Bajos Ingresos | Niños y Adultos         | Idiomas Disponibles |
|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|------------------------|----------------------|------------------------|-------------------------------|-------------------------|---------------------|
|  <b>Mountain Health Family Medicine</b>              | 1388 Buckman Springs Road<br>Campo, CA 91906 | (619) 445-6200         | Mi-Vi, 7:30am-4:30pm | ✓                      | ✓                             | ✓                       | Inglés y Español    |
|  <b>Neighborhood Healthcare Lakeside Dental</b>      | 10039 Vine Street<br>Lakeside, CA 92040      | (619) 390-9975         | Lu-Vi, 8:00am-5:00pm | ✓                      | ✓                             | ✓                       | Inglés y Español    |
|  <b>Southern Indian Health Council Alpine Clinic</b> | 4058 Willows Road<br>Alpine, CA 91901        | (619) 445-1188<br>x440 | Lu-Vi, 8:00am-4:30pm | ✓                      |                               | ✓                       | Inglés y Español    |
|  <b>Southern Indian Health Council Campo Clinic</b>  | 36350 Church Road<br>Campo, CA 91906         | (619) 445-1188<br>x740 | Lu-Vi, 8:00am-4:30pm | ✓                      |                               | ✓                       | Inglés y Español    |
|  <b>Sycuan Medical Dental Center</b>                | 5422 Sycuan Road<br>El Cajon, CA 92019       | (619) 445-0707         | Lu-Vi, 8:00am-4:00pm | ✓                      | ✓                             | Edades de 8 en adelante | Inglés y Español    |



Visite [sonriecalifornia.org](http://sonriecalifornia.org) o llame al (800) 322-6384 para aprender sobre los beneficios de Medi-Cal Dental para toda su familia y localizar a un dentista.



Visite [211sandiego.org](http://211sandiego.org) o llame al 211 para obtener los mejores recursos relacionado con su salud y servicios que pueda necesitar.



Visite [sdcds.org](http://sdcds.org) o llame al (619) 275-7188 para encontrar un consultorio dental o un especialista que acepte una variedad de planes de seguro dental.

| Clinic Name                                                                                            | Address                                 | Phone Number              | Hours of Operation                   | Accepts Medi-Cal Dental | Sliding Fee Scale | Kids & Adults Seen | Languages Spoken                      |
|--------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------|--------------------------------------|-------------------------|-------------------|--------------------|---------------------------------------|
| <br>San Ysidro Health | 875 El Cajon Blvd<br>El Cajon, CA 92020 | (619) 662-4100<br>X: 1325 | Monday – Friday<br>8:00 am - 5:00 pm | ✓                       | ✓                 | ✓                  | English<br>Spanish<br>Arabic<br>Farsi |

| Nombre de Clínica                                                                                      | Dirección                               | Numero de Teléfono        | Horas de Servicios                     | Acepta Medi-Cal Dental | Descuento para Bajos Ingresos | Niños y Adultos | Idiomas Disponibles                 |
|--------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------|----------------------------------------|------------------------|-------------------------------|-----------------|-------------------------------------|
| <br>San Ysidro Health | 875 El Cajon Blvd<br>El Cajon, CA 92020 | (619) 662-4100<br>X: 1325 | Lunes - Viernes<br>8:00a.m. - 5:00p.m. | ✓                      | ✓                             | ✓               | Inglés<br>Español<br>Arabe<br>Farsi |